2025 - 2026 Preventive Care Goals

myOCWellness Explore Prevent Thrive

Need a referral?

OCNurse@Adventhealth.com

For assistance with locating an in-network PCP, call 1-800-244-6224, or log into www.myCigna.com

GOAL	REPORTING	POINTS	MAXIMUM
Annual Physical/Well Visit	Automatically	30	Max of 1
Screening – Breast Cancer Mobile Mammography Look for communications throughout the year at a variety of workforce locations. More information Here	Automatically	20	Max of 1
Cervical Cancer Screening	Automatically	20	Max of 1
Screening – Colon Cancer Colonoscopy or Cologuard Accepted for this goal. Discuss options with your PCP. Cologuard Information ere	Automatically	20	Max of 1
Screening – Prostate Cancer	Automatically	20	Max of 1
Flu vaccine Watch for communications for FREE onsite Flu shots. Insurance card & Employee ID Required.	Automatically	10	Max of 1
Preventive Dental Exam Cigna Dental Group: 3337200 1-800-244-6224	Automatically	10	Max of 2



Please note that preventive screenings are marked as complete on the date that the claim is submitted. Complete preventive screenings by 8/30/26 to allow time for claims to process.